

**Do you or does your  
team need professional  
athletic training?**

## **Doran Fitness Athletic Training**

features personal and team training for  
all skill levels!!

**Training focuses on:**

**Speed and Agility  
Fitness and Endurance  
Team Building  
Plyometrics  
Strength Training**

**Call 636-561-3297 today!!**

**Space is limited and filling up quickly!!**



Doran Fitness  
2315 Technology Dr., Suite 115  
O'Fallon, MO 63368



*presents*



*Summer Soccer  
Camps '11*

PROFESSIONAL  
SOCCER INSTRUCTION  
FOR PLAYERS OF  
ALL SKILL LEVELS!!



# DARYL DORAN

## Summer Soccer Camps '11

Each camp features professional soccer instruction by former St. Louis Steamers, Ambush and Storm players and Head Coach **Daryl Doran**. With over 25 years of professional camp experience, Daryl Doran's camps are perfect for beginners as well as the experienced soccer player. Ages 4 through 12 years old are welcome!!

### CAMP BENEFITS:

- Camp instructors will feature former professional players and former and current college standouts
- Every camper receives a **camp t-shirt and water bottle!**
- Detailed camp curriculum that focuses on the five basic skills of soccer
- Each day features group skill work and small and large-sided scrimmage games
- Camp locations to fit everyone's schedule
- All campers must bring a soccer ball and a water bottle.

## Day Camps

- June 27-30**     **John Weldon (O'Fallon)**  
**8:30am-10:30am**
- July 11-14**     **Cross Roads Elementary**  
**(O'Fallon)**  
**8:30am-10:30am**
- July 18-21**     **Two Rivers Soccer Park**  
**(Wentzville-Flint hill)**  
**8:30-10:30am**
- July 25-28**     **Mary Emily Brian**  
**Weldon Springs)**  
**8:30am-10:30am**
- August 1-5**     **Doran Fitness-Speed and**  
**Agility-Soccer Camp**  
**10:00am-11:00am**

*Fridays will be set aside for rainouts!!*

### Camp Cost:

 **\$80per camper** 

### Camp Discount:

\$5.00 discount for each additional child per family

\$5.00 discount if paid by May 1st

CAMP INFORMATION HOTLINE:

# 636-561-3297

### Camp Application:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Age \_\_\_\_\_

Camp T-Shirt Size: \_\_\_\_\_

Camp Location: \_\_\_\_\_

Camp Date: \_\_\_\_\_

Time: \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

**Please Make Checks payable to:**

Doran Fitness

**Return this form to:**

**Doran Fitness**

**2315 Technology Dr., Suite**

**O'Fallon, MO 63368**

**Questions:**

**636-561-3297**